

PROTEIN ICE CREAM

ALPINA+SANA Protein Ice Creams are the first and currently the only nutritionally complete ice creams.

They represent an important milestone for a new generation of nutritionally complete foods, combining a delicious taste with an optimised nutritional composition.

The ice creams provide a high protein content and a high energy intake. Made in Switzerland with Swiss cream and whey protein, they are characterised by high bioavailability and a high leucine content.

Thanks to their excellent taste and the careful selection of ingredients, they are highly accepted by patients.

Developed in close collaboration with more than 60 Swiss hospitals, **ALPINA+SANA Protein Ice Creams** are specifically designed for the treatment and prevention of malnutrition and set new standards in medical nutrition.



+ INDICATION

For the dietary management of patients at risk of or suffering from malnutrition, particularly those with increased energy and protein requirements.

+ RECOMMENDED INTAKE

1–3 CUPS

For
supplementary
nutrition

6–8 CUPS

For complete
nutrition

Or as
recommended
by a healthcare
professional.

+ IMPORTANT INFORMATION

Should only be used under medical supervision.
Suitable as a sole source of nutrition. When used as the exclusive source of nutrition, adequate electrolyte intake must be ensured. Not suitable for children under 3 years of age. Use with caution in children under 6 years of age.

IDDSI: Frozen: IDDSI Level 4. Melted in the mouth at 30°C: IDDSI Level 1

Storage: Store at -18°C.

Shelf life: At least 18 months.



COFFEE

Water, **lactose-free cream**, **whey protein**, dextrose, sugar, maltodextrin, coffee extract, stabiliser: locust bean gum, calcium phosphates, calcium citrate, sodium chloride, potassium chloride, magnesium oxide, vitamin C, iron pyrophosphate, vitamin E, zinc sulphate, niacin, pantothenic acid, manganese sulphate, vitamin B6, copper sulphate, sodium fluoride, vitamin B1, vitamin A, vitamin B2, folic acid, potassium iodide, sodium molybdate, chromium chloride, sodium selenite, vitamin K1, biotin, vitamin D3, vitamin B12.



VANILLA

Water, **lactose-free cream**, **whey protein**, dextrose, sugar, maltodextrin, natural flavouring, vanilla, stabiliser: locust bean gum, calcium phosphates, calcium citrate, sodium chloride, potassium chloride, magnesium oxide, vitamin C, iron pyrophosphate, vitamin E, zinc sulphate, niacin, pantothenic acid, manganese sulphate, vitamin B6, copper sulphate, sodium fluoride, vitamin B1, vitamin A, vitamin B2, folic acid, potassium iodide, sodium molybdate, chromium chloride, sodium selenite, vitamin K1, biotin, vitamin D3, vitamin B12.



STRAWBERRY

Water, **lactose-free cream**, **whey protein**, dextrose, sugar, strawberries 3%, maltodextrin, acidifier: citric acid, natural flavouring, stabiliser: locust bean gum, colouring beetroot juice concentrate, calcium phosphates, calcium citrate, sodium chloride, potassium chloride, magnesium oxide, vitamin C, iron pyrophosphate, vitamin E, zinc sulphate, niacin, pantothenic acid, manganese sulphate, vitamin B6, copper sulphate, sodium fluoride, vitamin B1, vitamin A, vitamin B2, folic acid, potassium iodide, sodium molybdate, chromium chloride, sodium selenite, vitamin K1, biotin, vitamin D3, vitamin B12.



CHOCOLATE

Water, **lactose-free cream**, **whey protein**, dextrose, sugar, cocoa powder, maltodextrin, natural flavouring, stabiliser: locust bean gum, calcium phosphates, calcium citrate, sodium chloride, potassium chloride, magnesium oxide, vitamin C, iron pyrophosphate, vitamin E, zinc sulphate, niacin, pantothenic acid, manganese sulphate, vitamin B6, copper sulphate, sodium fluoride, vitamin B1, vitamin A, vitamin B2, folic acid, potassium iodide, sodium molybdate, chromium chloride, sodium selenite, vitamin K1, biotin, vitamin D3, vitamin B12.

NUTRITIONAL VALUES PER 100 G = 125 ml = 1 CUP

Energy	200 kcal / 837 kJ
Fat	8.8 g
of which saturated fatty acids	5.4 g
Carbohydrates	18.4 g
of which sugars	17.6 g
of which lactose	0.9 g
Protein	12.0 g
of which leucine	1.45 g
Fibers	0.7 g
Salt	0.17 g

VITAMINS

Vitamin A	280 µg-RE
Vitamin D	3.3 µg
Vitamin E	5 mg α-TE
Vitamin K	28 µg
Vitamin C	25 mg
Thiamine (vitamin B1)	0.4 mg
Riboflavin (vitamin B2)	0.5 mg
Niacin (vitamin B3)	2 mg-NE
Vitamin B6	0.6 mg
Folic acid	83 µg
Vitamin B12	1 µg
Biotin	12 µg
Pantothenic acid	2 mg

MINERALS

Sodium	67 mg
Potassium	170 / 240* mg
Chloride	97 mg
Calcium	270 / 273* mg
Phosphorus	160 mg
Magnesium	37 mg
Iron	3.3 / 3.9* mg
Zinc	2.7 mg
Copper	0.5 mg
Manganese	0.7 mg
Selenium	18 µg
Chromium	17 µg
Molybdenum	25 µg
Iodine	50 µg
Fluoride	0.3 mg

Allergen: Milk

*for chocolate